

Universal Precautions

Academic Year _____

To All Hazelwood School District Prospective Volunteers:

As a volunteer of HSD, you are required to know, understand, and practice **Universal Precautions** whenever you may encounter those substances that pose an infectious health hazard.

Please read the following information and sign below. Should you have any questions about Universal Precautions, please see the school nurse. If you have any hesitancy about the proper use of Universal Precautions, please ask before you act. **If your action is time critical ALWAYS PUT A BARRIER BETWEEN YOU AND ANY BODY FLUID.**

Universal Precautions is an approach to infection control. The concept of Universal Precautions is **that at all times and in every instance human blood and all body fluids are treated as if known to contain disease-containing germs (pathogens).**

Human immunodeficiency virus (HIV) and Hepatitis B can be found in blood, semen, vaginal secretions, and breast milk. Hepatitis B (not HIV) is also found in high enough concentrations in saliva to transmit infection from one person to another. Saliva, urine, vomit, nasal secretions, sputum and feces often contain germs (pathogens) that cause other diseases. It is not always possible to know when blood or body fluids are infectious; therefore all body fluids shall be handled as if infectious. All students, staff and volunteers shall routinely observe the following Universal Precautions to prevent the spread of infectious disease.

1. Wear disposable waterproof gloves whenever you expect to come into direct contact with blood, other body fluids containing blood, or contaminated items and surfaces. This applies to incidents including, but not limited to caring for nosebleeds, or cuts, cleaning up spills, or handling clothing soiled by blood or body fluids containing blood. **DO NOT REUSE GLOVES.** After each use, remove gloves without touching them on the outside and dispose of them in a lined waste container. After removing gloves, wash hands thoroughly with soap and warm running water.
2. Proper hand-washing technique is as follows: Wash your hands and any other contacted skin surfaces thoroughly for 15-30 seconds. (30 seconds is the approximate time that it takes to sing the children's song, Row, Row, Row Your Boat. Always wash between each finger. Always use dispensable soap. Rinse thoroughly with warm running water, and dry completely with a disposable paper towel.
3. Proper hand-washing technique is always used:
 - a. Immediately after any contact with blood, body fluid, or drainage from wounds or with soiled garments, objects, or surfaces.
 - b. Immediately after removing gloves or other protective equipment or clothing
 - c. Before assisting others with eating and drinking as well as eating or drinking yourself
 - d. Before handling food, cleaning utensils, or kitchen equipment
 - e. Before and after diapering and assisting with toileting as well as toileting yourselfWhen running water is not available, use antiseptic hand cleanser and clean towels or antiseptic towelettes, and use soap and running water as soon as feasible.
4. Clean surfaces and equipment contaminated with blood with soap and water and disinfect them promptly with a fresh solution of household bleach (ten parts water to one part bleach) or other disinfectant. While cleaning, wear disposable gloves and use disposable towels whenever possible. Rinse mops or other reusable items in disinfectant and dry thoroughly
5. Properly dispose of contaminated materials and label them as biohazardous.
 - a. Place blood, body fluids, gloves, bloody dressings and other materials soaked with blood into appropriately labeled plastic bags or lined waste containers
 - b. Place needles, syringes, and other sharp disposable objects into leak-proof, puncture-proof containers
 - c. Bag soiled towels and laundry. Presoak with disinfectant and launder with soap and water.
 - d. Dispose of urine, vomit or feces in the sewer system
6. **Do Not Care for others' injuries if you have any bleeding or oozing wounds or skin conditions yourself**
7. Use a mouthpiece, resuscitation bag, or other ventilation device when readily available when necessary to provide mouth to mouth resuscitation
8. **Immediately report any incident of accidental exposure to blood or first aid incident that involved direct contact with blood in accordance with District policies.**

I _____ have read and understand the concept and practice of

Please print

The Universal Precautions Policy of the Hazelwood School District.

Signature and date _____